

A Peek at My Day

Name: _____

Date: ____/____/____

Reflect on your day by using the questions below.

This is how my day felt: *(circle one)*



WWW (What Went Well)

Write about one good thing that you did, saw or experienced today.

EBI (Even Better If)

How could you have made today even better? How could your family or your teacher help?

I am excited about...

Write about one thing you're looking forward to.

Tomorrow, I will...

What actions can you take to make tomorrow even better?



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